



www.egacarolinas.org

The mission of The Embroiderers' Guild of America is to inspire passion for the needle arts through education and the celebration of its heritage.

From the Mountains to the Sea ...

From the Region Director

Happy New Year! I know that the frigid and rainy/snowy weather this winter has caused problems for many, but I hope that you also found a few extra minutes to stitch away some of the stress those problems caused!

This issue of *RegioNews* is filled with information to keep you informed about our Region and its activities and also gives you some updates about what is going on with National EGA. You will also find an urgent plea for volunteers to fill the many positions that are now or soon will be vacant in our Region. Please take a few minutes to read through the list and seriously consider offering to take one of these jobs. Even if

you have never worked at the Region level before, we can help you learn what to do. If no one volunteers, we will not be able to provide the kind of service and activities

you expect and deserve.

Speaking of activities, the Carolinas Region Executive Board members have been working hard to plan several upcoming events. You should have already received, in a separate mailing, the registration packet for our new **Spring Retreat 2019**, "*Reconnecting on the Ridge*," to be held in Flat Rock, NC, from May 31 to June 2, 2019. See the article later in this issue, along with the registration packet and registration form. If you have not already done so, please register for this retreat and make your reservations at the Mountain Lodge to take advantage of early bird pricing and to ensure a space. You

Reconnecting On the Ridge

May 31-June 2, 2019

Make your reservations soon
To take advantage of the early-bird discount!



(RD REPORT, Continued on page 12)

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CALENDAR

2019

May 31-Jun 2 — *Reconnecting on the Ridge*, CAR Spring Retreat and region meeting, Flat Rock, NC

Oct 4-6 — CAR Fall retreat and region meeting, Rock Hill, SC

2019

Oct 30-Nov 3 — *Gateway to Stitching*, EGA Seminar, Saint Louis, MO

2020

May 22-24 — *Crossing the Carolinas*, CAR Seminar, Clemmons, NC

COMMITTEE CHAIRS

Bylaws

Becky Buie
209 Jabay Drive
Columbia, SC 29229
803-865-2121
blbuie@sc.rr.com
(Millwood)

Community Outreach

Millie Strobel
2284 Ashley River Rd, Apt. 605
Charleston, SC 29414
843-766-9360
melstrobel@msn.com
(Magnolia)

Historian

(Vacant)

Website Coordinator

Cathie Barker
1735 Shano Drive
Hendersonville, NC 28791
828-692-7891 (h)
cathiebeads@gmail.com
(The Laurel)

RegioNews

(See Website Coordinator)

Nominating Committee

Julia Tison (- 2019)
PO Box 757
Hartsville, SC 29551
juliatisation@bellsouth.net
(Florence)

Sallie Folk (- 2020)
422 West Pine Street
Florence, SC 29501
843-307-1417
Salstitcher823@yahoo.com
(Florence)

Amanda Pelon (- 2021)
PO Box 10693
Greensboro, NC 27404
336-392-6009
laughingfrogsstudio@gmail.com
(Piedmont)

Financial Reminders

Reminder:
CAR follows the same prorated dues schedule as is in place for national EGA, as follows:

Prorated Dues Schedule	
If Joining:	Region dues are:
April 1 - June 30	\$4.00 (100%)
July 1 - September 30	\$3.00 (75%)
October 1 - December 31	\$2.00 (50%)
January 1 - March 31	\$1.00 (25%)

EGA Chapter Reporting Requirements

Attn: Chapter presidents, region reps, and editors: it is your responsibility to be sure your membership officer, secretary, and treasurer know when and where to send these items.

WHAT	WHEN	WHERE
Minutes of board and general meetings (unless included in the chapter's newsletter)	Within the month	Region Director
Membership roster	At the same time you send membership info to National Office	Region Director; CAR Newsletter Editor
National dues and membership information	Renewals no later than May 31 annually. New members immediately upon joining	National Office
Region dues and membership information	Same time as sent to National	Region Treasurer
Chapter newsletters	When sent to members	Region Director; Assistant Region Director; Editor, RegioNews; Region Outreach Chair
EGA Chapter Officer Change List (EGA Form)	Within 2 weeks of election	Region Secretary; Region Director
Education questions/information	As needed	Region Education Coordinator
Annual chapter report	By December 15	Region Director
Annual financial report	By February 15	Region Director; EGA Headquarters

RegioNews

The Carolinas Region, EGA, publishes *RegioNews* quarterly. Standard practice is to distribute it to all chapter members in the Carolinas Region via email.

Chapter newsletter editors: Remember to share this newsletter with your members who do not receive email.

Advertising is accepted for 1-year (4 issues) intervals at \$10/year. Contact editor Cathie Barker for details. There is no cost for emailed

newsletters. Subscriptions are available for \$6/year for four printed issues. Send requests to the *RegioNews* editor Cathie Barker and checks, payable to Carolinas Region EGA, to Elizabeth Little, treasurer of Carolinas Region.

Reprint information: All EGA chapters have permission to reprint any material found herein except items that are marked with a copyright notice.

CARegion Ramblings

What's going on in your region?

Update on the Kissing Pillows for Servicemen project: The Aiken Stitchin' Belles completed a number of kissing pillow tops last year and wanted to donate them to the project. After several attempts to reach the proper source, Carole Overton finally was put in touch with Geraldine Trappey, the person who originated the project years ago. She explained that the project was having a lot of trouble delivering the pillows and that the many of the members who used to put the pillows together were no longer able to do so. At that point (last fall), Geraldine was considering stopping the project altogether.

However, about a month later, she told Carole that a possible solution might be in sight. No more information was given, however. Geraldine stressed that the recipient soldiers and their families were thrilled with the pillows and want-

ed them to continue. However, due to the uncertainty at this point, I would suggest holding off stitching any more pillow tops until we get more information. If you already have some ready to be sent off, you can try contacting Geraldine Trappey (gtrappey@comcast.net) to ask her what to do.

The Magnolia Chapter sent me a link to an article about stitching in the *New York Times*. This article and some of the links it contains provide a view of embroidery and stitching that I had not considered before. I think the "younger generation" has taken stitching in a whole new direction!

See for yourself: <https://www.nytimes.com/2018/12/29/opinion/sunday/feminist-embroidery-korea.html> ■

ELECTED OFFICERS

Region Director

Carole Overton
319 Deep Run Road
Aiken, SC 29803
803-599-9549
sjocdo1@gmail.com
(Aiken)

Assistant Region Director

Cindi Lemkau
380 Pinner's Cove
Asheville, NC 28803
828-974-1840
cbl2000@mac.com
(The Laurel)

Treasurer

Elizabeth Little
20668 Old Aquadale Road
Albemarle, NC 28001
704-982-7119 (w)
elizabethlittle@live.com
(Golden Needles)

Secretary

Cathie Barker
1735 Shano Drive
Hendersonville, NC 28791
828-692-7891 (h)
cathiebeads@gmail.com
(The Laurel)

Education Coordinator

Margaret Wiesemann
6011 Coronado Ln
Durham, NC 27713
919-572-2368
cwiesemann@nc.rr.com
(Cardinal)

Spring Retreat 2019

Reconnecting on the Ridge

Registration is now open for our newest event: a spring retreat! "Reconnecting on the Ridge" will take place from May 31 – June 2, 2019, in Flat Rock, NC. This relaxing but stimulating weekend can take whatever form you like: you can spend the entire weekend

stitching to your heart's content or you can intersperse some other events like an outdoor reception, a make-it/take-it ornament class, a lecture on photographing your needlework, a demonstration on how to make stitching accessories from common household items, and/or a

lecture on whitework. In addition, there will be on-site opportunity baskets, a silent auction, door prizes, and favors. If you want to explore the local area, we will be close to 2 needlework shops and many interesting attractions. Register now to take advantage of the early bird registration discount, and do not forget to reserve your room before April 1 to ensure the seminar rate. Please see the attached registration flyer for more details and the registration form.

CARegionChapters

Creating in the Carolinas

The Carolinas Region has had fun working on a variety of projects in the past few months. Here are their reports:

The **Aiken Stitchin' Belles (SC)** are finishing up our frame weights, a project we announced last fall. We were thrilled that a number of other chapters around the country saw our previous article and asked for more information so their chapters could also work on the project. We have personalized our colorful weights by changing threads, colors, and even stitches and by adding magnets,

pins, and other accessories. Earlier last year, a group of members



worked on Ambrosia Honey; several have finished and the rest hope to do so in the near future. To take a break after completing these long-term projects, we will work on making a woven yarn ort basket later this spring. The Aiken chapter will also be putting up a needlework display in the local Library for the month of March and will hold a food drive for the local food bank.

The **Augusta (GA)** chapter worked on Ambrosia Honey, and four members have completed it. The chapter's community outreach was to stitch walker bags for local nursing homes. To date, we completed 64 bags. The chapter meets monthly for stitching time in addition to holding their regular meetings.

The **Charlotte (NC)** chapter continues to have a variety of programs, including hands-on projects as well as lectures and demonstrations. Last year, for example, we had a class on peyote beading and a demonstration on assembling simple ornaments. We also had lectures from an award-winning quilt artist and a contemporary needle artist. For the last several years, we have mounted a display of members' works at one of the branches of our library system. We have also participated in a group correspondence course and acted as a pilot group for a national teacher for a project taught at the last seminar.

The **Tryon (New Bern, NC)** chapter worked on several projects in 2018: paper embroidery, a cross-stitch design, a beaded bracelet, Sashiko, and needlework ornaments. Every other meeting is a stitch in. Once a year we have A Beach Retreat for a week where we go to stitch as a group. Our community outreach program includes supporting our local Salvation Army and working with our local hospice.

The **Laurel (Hendersonville, NC)** chapter enjoyed a holiday luncheon in December, which included new officer installations and optional ornament exchange. In January, we made 25 fleece blankets for Project Linus, our ongoing outreach. The February project is a heart pin to observe Women's Heart Health month. March is a small pin (encore) with a daffodil, while we celebrate TLC's 29th birthday. There will be special refreshments. We stitch in public 2-3 times a month, another ongoing outreach opportunity.

The **Golden Needles (Concord, NC)** chapter stitched a heart pin for Breast Cancer Awareness in October. We gained two new members recently. Stitch in Public day is planned for February 2 at Hobby Lobby in Mooresville, NC.

The members of the **Millwood (Columbia, SC)** chapter have been very active stitching logos for Habitat for Humanity houses. We add the new owners name to the logo, so when they enter their home for the first time they are welcomed. We have been working on Ambrosia Honey; most are completed. Then we took the course "Meadow Melody." Again, most are completed. Just this week, we are stitching a "Wonky Christmas Tree," an adaptation of the "Elegant Christmas Tree" offered by EGA.

The **Magnolia (Charleston, SC)** chapter has gotten off to a great start with our January meeting. Our Outreach Committee is organizing and teaching two beginner embroidery classes in late January at the local Michaels. Several of our members are working on one of National's Petite Projects: the Reindeer Ornament. Our Program Committee is organizing the Mary Corbet project, "Twelve Trees for Christmas", to begin at the February Chapter meeting. It is a wonderful surface

embroidery project for both the beginner and more advanced embroiderer. We are fortunate to have as a member the international teacher and designer Betsy Morgan of Willing Hands Stitching, who will be teaching a two-day workshop with her newly designed project called "Bee Contained." We are very excited about that! It involves stitching and finishing a hexagonal etui, along with several "smalls," like a bee skep pin cushion, a scissor fob, a ruler, a thread winder and a needlebook.

Our annual fall fundraiser at the Coastal Carolina Fair, where we are able to demonstrate embroidery, greet the public, and inform them about our Chapter and EGA, not to mention award ribbons, was a great success, thanks to the work of all our members. We were able to deposit a nice check to our coffers in January to be used for special classes in the future. We have begun discussions regarding to which organization we should donate our annual charitable contribution.

The **Lowcountry (Hilton Head Island, SC)** chapter reports that, as a Christmas gift to the membership, the chapter purchased canvas, threads and embellishment for the "Mini Checked Pine" tree published in the December 2017 issue of Needle Arts. The project was fun as everyone put their own "spin" on it. It was a wonderful project to teach those who were not familiar with canvas work. Those who knew their way around canvas had this small piece done in no time ... and then stitched some more. We are currently working on the Mystery Band Sampler from the 2005 issue of Needle Arts. Our next

project will be an embroidered purse from a British stitching magazine. We are also planning a "Stitch in Public" day for February 2. We are going to hold a food drive each month and the member who correctly guesses the weight at year's end will get a prize (most likely a gift card).



For the last 2 years, the **Chicora Stitchers (Myrtle Beach, SC)** have worked on large group projects, including a pulled thread piece and "A Confetti of Hardanger" by Abi Gurden of Bee's Needleworks, led wonderfully by our own Melanie Scott. The chapter stitched Kissing Pillows for service men and women as their outreach project. For 2019, the chapter chose to work on some smaller projects including beading (see the photo of the lovely scissor fobs we designed and created!), trying new stitches, working on a small Ukrainian Whitework piece, and making a Romanian lace project. We will be making pillowcases for Ryan's Cases for Smiles for our outreach project.

CARegion Ramblings

CAR is looking for a few good women (and men)

You may recall that when Janet Noble was nominated to be our new National EGA President last spring, the Carolinas Region went through a series of job shifts to fill the vacant officer positions. The elections last June were held just to fill

out the terms of those jobs. Their terms will be up this fall.

As 2019 is election year for CAR, we are looking for a few good people to step up and offer to have their names added to the slate for voting in October.

If you want our EGA Region to flourish and to continue to offer retreats, seminars, and other support to your chapters and members, you can help. There are many ways in which you can do so. Here is a list of the openings we will need to fill:

Officers/Executive Board:

(The following officers form the group that directs the activities of the Region.)

Region Director (RD) ELECTED	Serves for a 3-year term and is responsible for overseeing all of the events of the Region and for reporting to EGA National on behalf of the Region. Chairs the meetings of the Executive Committee and Board of Directors meetings. Serves on National Board of Directors and represents the Region as liaison between National EGA and Chapters/members. Prepares quarterly and annual reports. Oversees the financial records of the region. Acts as contact between the chapters.
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Assistant Region Director (ARD) ELECTED	Serves for a 3-year term. Assists the Region Director and serves in place of the RD in the event that the RD is not available. Coordinates the yearly Spring events: the even-year Seminars and the odd-year Spring Retreats. Serves as a member of the Executive Board which oversees the activities of the Region as a whole. By tradition, automatically becomes the RD at the end of the ARD term.
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Secretary ELECTED	Serves for a 3-year term. Prepares handouts and folders for Board of Directors meetings. Takes the official minutes of each meeting of the Executive Board and the Board of Directors, takes attendance at each meeting, and publishes the minutes afterwards. Maintains the official records of the Region. Works closely with chapters and members of Executive Committee to keep member database up-to-date.
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Treasurer ELECTED	Serves for a 3-year term. Maintains the financial records of the Region and pays all of the Region's bills. Submits budgets and financial reports. Collects Region dues. Makes financial report at Executive Committee and Board of Directors meetings. Prepares and updates the Region budget. Files tax forms as needed. Advises Region and its chapters of fiscal laws that must be observed.
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Education Coordinator ELECTED	Serves for a 3-year term. Plans and oversees the Fall Retreats, serving as Dean of Faculty and Registrar for those events. Coordinates the scholarship and correspondence course programs for the Region. Assists the ARD in setting up and running the Spring Retreats and Seminars. Arranges the "Meet the Teacher" event at seminars. Assists chapters with any problems with the EGA educational programs.
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If you might be interested in taking on one of these roles, please contact either Julia Tison or Carole Overton so that we can start pulling together a slate. We need to gather nominations for the Executive Committee positions by the time we have our Retreat in Flat Rock this June and to put together the slate in time for elections at our Fall meeting in Rock Hill later this year. We also need to fill the other positions as soon as possible. Now is the time for all good women and men to come to the aid of their Region. Thank you!

Other Vacancies: (These are NOT elected positions.)

RegioNews Editor Attends all meetings of the Executive Committee and Board of Directors. Reminds contributors of the deadlines for submitting articles for the *RegioNews* each quarter and then puts those articles into the final format. Proof-reads and adds any other information that may be needed. After sending the draft to the RD for approval, makes any necessary final corrections and distributes the newsletter to all CAR Region members and others (ie: at EGA National) who are on the distribution list. Works with other officers and the chapters to maintain updated membership lists.

Region Website Coordinator Attends all meetings of the Executive Committee and Board of Directors. Keeps the Region website current and correct. Contacts every chapter near the start of each year to ask for corrections to their pages. Updates the information about upcoming Region events as needed.

Nominating Committee (1 opening in 2019) Serves a 3-year term. Solicits nominations for elected offices and prepares slate for election. Helps to solicit volunteers to fill other vacant positions as needed.

Vacancies Related to Upcoming Events:

For Fall Retreat 2019 in Rock Hill:

Dean of Faculty Sends out requests for proposals (RFPs) to solicit class proposals for the Fall 2019 Retreat (some of this work has already been done). Requests and maintains control of class model for display at previous spring retreat. Coordinates with teacher regarding sending kits and student letters. Provides teacher orientation at fall retreat. Assists the teacher by seeing that the classroom is properly set up, seeing that the teacher is included in meals, and helping to solve other problems that come about for the teacher, serving as liaison between the teacher and the RD. Makes sure the teacher has everything that is needed and distributes/collects the teacher's reimbursement forms and class evaluation forms.

For Spring Seminar 2020 in Clemmons, NC:

Registrar Collects registration forms and funds for the Spring 2020 seminar and collates the results. Informs registrants of their status. Keeps track of the numbers to make sure that classes are filled appropriately and reports the data to the RD on a regular basis. Sends the registration funds to the Treasurer on a regular basis for deposit. Tells the RD about the class sizes so that the teachers can be informed. Compiles student folders or assists the Seminar Chair with this task. May also produce the sign-in sheet and name-tags for the event itself.

Merchandise Night Coordinator Collects the names of the vendors who wish to participate in Merchandise Night and coordinates their schedules. Collects the vendor fees and sends the fees to the Treasurer for deposit. Oversees the setup for this event and makes sure that all vendors have the appropriate locations. Recruits and coordinates volunteers to assist the vendors as needed before, during, and after the event. Greets vendors and ensures they are able to set up appropriately. Follows up as needed with the vendors and/or the RD after the event.

Angel Coordinator Meets with the class angels just before the classes start to train them about the expectations and responsibilities of the class angel position. Checks with the angels every day to make sure all is well. Selects and prepares the "symbol" to designate who the class angels are (ie: pin, addition to name tag, etc.) Coordinates the distribution and return of class evaluation sheets for the classes.

Volunteer Coordinator Schedules volunteers to help during the Seminar and oversees their efforts. Makes sure all positions are filled as required or makes other arrangements as necessary. May contact the volunteers ahead of time to get a head start on setting up the volunteer schedule.

If you have any questions or would like more information about any of these openings, please contact Carole Overton, Carolinas Region Director (sjocdo1@gmail.com) or Julia Tison, Nominating Committee member (juliatison@bellsouth.net). I strongly encourage you to step forward for one of these positions, as we will not be able to continue without your help.

What does EGA Do For Me?

Many people wonder why they should join EGA. Here are a few points you can cover as you explain the importance of joining and supporting this organization:

- We get a subscription to *Needle Arts* magazine which includes projects, reviews of books and stitching items, in-depth interviews with teachers and designers, summaries of what other chapters are doing, and much more.
- We can buy projects (National Outreach and Designers Across America projects), items such as EGA pins and other accessories, lights and battery packs (in the works), and more.
- We can sign up for classes and seminars at the local, Region and National levels; enroll in correspondence courses, and find many more opportunities to learn.
- We can participate in the stitch-a-long projects, which offer a new project every month.
- We can find others who share our passion for stitching, making us part of a community even if we live far apart. ■

NewsfromNational

FUNDRAISING CHANGES

After recent problems due to changes in state laws, future seminars may no longer be able to offer opportunity baskets, silent and live auctions, or any kind of fundraising.

It turns out that in some states, fundraising proceeds must stay in the state in which they are raised, for example, which would make it impossible for EGA to realize the money raised.

EGA National will evaluate these activities on a case-by-case basis, but for the immediate future we may not see those activities at National Seminars any more. Each Region was also advised to check the laws in member states to make sure the laws are being followed.

AND

For the same reason as described above, EGA will no longer be able to sell tickets for a free trip to National EGA Seminar.

ORGANIZATIONAL POSSIBILITIES

During our National Board of Directors meeting last fall, Janet Noble raised the following questions:

- What is the best type of organization for EGA?
- Are there too many regions?
- Should they be redistricted?
- Or do we currently have the most efficient plan so no changes should be made?

A committee will consider this issue, a process which may take a few years. Send your ideas to Janet Noble, and let her know if you are interested in serving on the committee which will be studying this matter.

UPCOMING SEMINARS

If you like to plan ahead, you can look forward to the following National EGA Seminars:

St. Louis: 10/30 – 11/3/2019

Boston: 9/4 – 9/8/2020

Chicago: 9/1 – 9/5/2021 ■

Cords or No Cords

The Light at the end of the tunnel?

There may be some good news for those of you who are still tied to your corded lights: When I got home from Rock Hill's retreat last fall, I got into a conversation with my husband about power banks (power bricks? power packs?). After much discussion and a review of online ads, he surprised me (in the interest of science, of course!) by buying a power bank that can accommodate several types of light plugs. We experimented to see how long it would keep its charge, how many lights I could power, and other interesting facts. The net result is that I do not have to buy a new light now – I just have to bring this power bank with me and I can continue to use my old lights!

The power bank I bought kept my old Ott light going for 7 hours – more than enough for a class, especially if I turned the light off when I



wasn't actually stitching. After it had been completely run down, it took 4 hours to fully recharge, which I would be able to do in my room at night between class sessions.

If you have a battery-operated or rechargeable light, you might not need a battery pack at all. You can simply recharge your light back in your room after class. However, for those of you who need or want a battery pack, what kind of power bank should you buy?

SOME THINGS TO CONSIDER:

What lamp are you going to want to plug in to the battery pack?

You have to make sure the battery pack has the right kind of connection. For example, my power bank has 3 types of connections: I can plug in my old Ott lights with the 2-prong plugs, my new travel Ott light with a USB plug, and my light or phone or tablet with the small phone-type plug.

How much power does your lamp draw?

For example, the typical old-style tabletop Ott light with the flip-up lid requires 3 amps of power. My power bank supplies 80 watts at 110 volts. If you divide 80 by 110, you get approximately .73 amps, so my power bank can supply more power than my Ott light needs.

How much does the power bank weigh? Power banks are sometimes a little heavy, so pay attention to their size and weight. Remember, you will most likely be adding this item to your normal stitching supplies, so think about having to carry it with you.

Please remember that I am not trying to convince you to buy a power pack. I just wanted to give you some things to think about as you try to solve the problem of not being able to plug your lights in during classes in the future. Of course, if you WANT to buy a new light, that is always another option!!

By the way, although our venue in Flat Rock will allow us to use corded lights for our upcoming CAR retreat in Flat Rock, please keep in mind that we will be stitching in their ballroom so you might not be able to sit near an outlet. It would probably be a good idea if you could bring a rechargeable light and/or a light with a power pack to use there. And remember, too, that starting now you will no longer be able to use any corded lamps or appliances in the classrooms at any EGA National event. After our June 2019 retreat, the same will apply to Carolinas Region events. ■

~ Carole Overton,
Region Director



GoldThreadNominations

Do you know someone who goes above and beyond?

- Does your chapter have a member who has gone above and beyond what is expected to help your chapter reach its full potential?
- Is there someone who always volunteers in order to make sure your programs succeed?
- Do you want to honor someone in your chapter who has been the driving force behind your activities?
- Or is there someone who has made a difference in our Region as a whole, someone

whom you would like to recognize for their support of Region affairs?

Each year, EGA presents the Gold Thread award to one outstanding member from each Region who “has given freely of [his or her] time and talents” and who “best [exemplifies] EGA’s purpose” [taken from the EGA National website].

Thirteen awards will be given every year: one from each Region and one national recipient selected from the Regional winners. Nomi-

nations can be based on what the person has done for a particular CAR chapter or for the CAR Region as a whole and are due by May 1, 2019.

Let’s make sure the Carolinas Region is represented when these awards are given out. Nominating someone is easy:

Find the directions and print the nomination form from the website: <https://egausa.org/wp-content/uploads/2018/04/Gold-Thread-Award.pdf> ■

Scholarships/Awards

EGA offers scholarships and awards to encourage study and excellence in needlework. Amounts awarded may vary each year. Carolinas Region, EGA, offers scholarships and awards to its members, as well. For those new to EGA and/or to the Carolinas Region, descriptions of the various scholarships and awards are included on this page.

Carolinas Region:

- CRESS Award
- Roxie Hodgkin Scholarship
- Chapter Program Grant

Gold Thread Award:

The Gold Thread Award is bestowed annually on outstanding individuals who, on a local and/or regional level, have given freely of their time and talents to best exemplify the purpose of this organization: “to foster the highest standards of excellence in the practice of the art of embroidery through an active program of education and study.” A total of thirteen individuals may be acknowledged – one from each of EGA’s regions, with the national recipient selected from among the region recipients. Nominate someone from your chapter!

EGA National:

- Judith and Susan Richardson Initial Steps Toward Teaching Certification Scholarship
- Mary-Dick Digges Scholarship
- Legacy Scholarship
- Genny Morrow Memorial Scholarship
- Penny Evans Memorial Scholarship
- Marjorie Jones Scholarship
- Research Fellowship Grant Award
- Bobbie Pilling Memorial Award
- Gold Thread Award
- For more information on the national scholarships/awards, visit the EGA website at: <http://www.egausa.org/>



Carolinan Region EGA
Spring Retreat 2019: Reconnecting on the Ridge

May 31 – June 2, 2019
 Flat Rock, North Carolina



Make plans to join us for our new event: a spring stitch retreat! This will be a relaxing stitch-in with additional optional activities. We will meet at the Mountain Lodge and Conference Center in Flat Rock, NC, from Friday, May 31 – Sunday, June 2, 2019. This venue is conveniently located right off exit 53 on I-26. To make reservations, please phone the hotel directly at 826-693-9910 and specify that you will be with the Carolinas Region EGA event to get the special room rate.

We are calling our retreat “*Reconnecting on the Ridge*” because it will give us a chance to reconnect with the Blue Ridge area, where we have met for so many previous spring seminars. We can also reconnect with our EGA friends for some fun and lots of stitching time. Finally, and this is just a suggestion, we can use this weekend to reconnect with some of our previous EGA projects that we have been meaning to get back to!

Your registration fee will include all of the following:

- We will start the event with an outdoor reception (cash-only bar) from 5:00 – 7:00 PM on Friday evening, May 31, 2019, in a very scenic, secluded outdoor area with a waterfall.
- After the reception, we will gather in the ballroom to get acquainted and to start stitching.
- On Saturday, you will be able to stitch all day if you would like. However, if you want to do more, we have some options listed in the next section.
- At 6:30 on Saturday evening, Sandy Washington, from “Sandy’s X-Stitch on the go,” will give a talk and demonstration entitled “Don’t Throw That Away!” She will give us pointers about how to make useful stitching accessories from objects we have laying around the house.

- Following that presentation, Terri Bay will discuss the history of whitework starting at 7:30 PM. She has included time to analyze some of our own pieces of whitework and encourages participants to bring some samples so we can try to identify the type of whitework used.
- Interspersed among these activities will be opportunity baskets, a silent auction (with proceeds split between the donating chapter and the Region), games, favors, door prizes and more.
- Each registrant will receive a needle minder with the “*Reconnecting on the Ridge*” logo seen at the top of this page.
- We will end the weekend with our CAR Region Board of Directors meeting on Sunday morning, starting at 10:00 AM. All are invited to attend this meeting.

In addition, for those of you who want more, we will have a few optional activities:

- Kim Sanders, a nationally-known EGA-certified teacher, has agreed to lead a Make-It/Take-It session to work on a beautiful counted ornament called “Snowflake” on Saturday morning from 8:30 AM – 11:30 AM. This lovely piece combines pulled thread with embroidered beading on easy-to-see 25-count linen. The cost for this class will be only the \$10.00 kit fee. Class size will be limited to the first 24 registrants paid by April 30, 2019.
- We are inviting a professional photographer to speak to us from 2:00 to 3:00 on Saturday afternoon about how to best photograph our needlework. The cost to attend this lecture will be \$10.00.

(See form on page 13.)

(ROR—Continued on page 12)

Reconnecting on the Ridge 2019

CAR Spring Retreat and Meeting

May 31-June 2, 2019

Mountain Lodge and Conference Center
42 McMurray Road, Flat Rock, NC 28731



(ROR—Continued from page 11)

In order to keep the costs down, we are not planning any group meals. However, the hotel offers a free hot breakfast buffet every morning. In addition, each room in the hotel has a kitchenette with a full-size refrigerator, cooktop (a few units have a full oven), microwave, sink, and some basic kitchen supplies (dishes, glasses, silverware, pots and pans, etc.), so if you like you will be able to make all of your meals in your room. If you do not want to bring in your groceries and eat all of your meals in the hotel, on the other hand, there are a number of great restaurants in the vicinity.

If you need more incentive to attend this retreat, you can also visit two wonderful needlework shops in the

area: We will be just 10 minutes from “Sandy’s X-Stitch on the go” in Hendersonville and just 45 minutes from “Sassy Jacks Stitchery” in Weaverville. There are also a number of interesting local attractions that might catch your interest, so we will give participants a gift pack of information when you arrive to help you plan your visit.

If you have any questions, please contact Carole Overton, Carolinas Region Director, at sjocdo1@gmail.com or 803-599-9549.

Make plans to join us for what promises to be a fun-filled weekend: May 31 – June 2, 2019. We hope to see you there!

(RD REPORT: Continued from page 1)

won’t want to miss the fun!

Looking ahead, we now have the dates for our annual **Fall Retreat 2019** to be held in Rock Hill, SC, from October 4 – 6, 2019. We will return to the Fairfield Inn that we used last fall. It was a wonderful venue and suited our needs well. We hope to offer a class, a lecture, and a make-it/take-it project, but planning has just begun so we have no details to share just yet. Our goal is to be able to publish the registration packet for this event by the time we meet in Flat Rock this June, if not before. Please save the dates so you can join us!

Finally, we are excited to announce the dates and venue for our **Spring 2020 Seminar: “Crossing the Carolinas.”** We will be meeting at the Village Inn Hotel and Event Center in Clemmons, NC, just 10 miles southwest of Winston-Salem. The dates for this event will be May 22 – 24, 2020. We have just started working on the details so we have no information to give you right now, but we are hoping that this will be the type of seminar you have come to expect, with a choice of one of four classes or stitch time, Merchandise Night,

and so forth. We hope to have everything in place so we can distribute the registration packet by the time we meet for our Fall Retreat later this year. Again, we hope you will save the dates and make plans to join us.

I hope to see you at our Spring Retreat in Flat Rock, if not before.

In the meantime, happy stitching!

~ Carole Overton,
Carolinas Region Director



**Carolinan Region EGA
Spring Retreat 2019: Reconnecting on the Ridge**



May 31 – June 2, 2019
Flat Rock, North Carolina

Name	_____	HOME Phone	_____
Address	_____	CELL Phone	_____
City	_____	Email	_____
State	_____	Chapter	_____
Zip	_____	EGA Member #	_____

Registration Deadline: Early Registration and checks must be postmarked/received by **March 1, 2019**. All other registration forms/checks must be postmarked/received by **April 30, 2019**. Refunds can be issued only in the event of an emergency. **Cancellation with refund deadline is May 15, 2019.**

Spring Retreat Registration Fee: EARLY REGISTRATION if postmarked or received by March 1, 2019: \$50.00	
Spring Retreat Registration Fee if postmarked or received after March 1, 2019: \$60.00	
Commuter Fee: If you are NOT going to stay at the Mountain Lodge and Conference Center (the event venue): \$25.00	
Optional: Make-It/Take-It class: "Snowflake" with Kim Sanders, Saturday morning 8:30 – 11:30 AM – Kit fee: \$10.00	
Optional: How to Photograph Your Needlework, Saturday afternoon 1:00 – 3:00 PM – Lecture fee: 10.00	
TOTAL FEES DUE WITH REGISTRATION FORM	\$

To help us better plan this event, please answer all of the following questions:	Yes	No
1. Will you be attending the Outdoor Reception on Friday evening (5 – 7 PM)? (attendance is included in retreat registration fee but there will be a cash-only bar)	_____	_____
2. Are you willing to volunteer any time during this weekend event? (If yes, we will work with you to set up a schedule when you sign in at the event.)	_____	_____
3. Is this the first Carolinas Region event that you have attended?	_____	_____
4. Will you be bringing any items for the silent auction?	_____	_____
5. Will you be staying at the Mountain Lodge and Conference Center?	_____	_____

REGION MEETING: The Carolinas Region Meeting will start promptly at 10:00 AM on Sunday, June 2, 2019.
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Mail Registration Form and Check To:
Connie Miller
 5101 Mintridge Road
 Mint Hill, NC 28227-9205
 conniestnt@mindspring.com
 704-573-2987

Spring Retreat 2019 Room Reservations:
 Mountain Lodge and Conference Center
 755 Upward Road
 Flat Rock, NC 28731

CALL TO MAKE RESERVATIONS: 828-693-9910
 Specify that you are with the Carolinas Region EGA to get the special rate of \$129 + tax/night

Make Checks Payable To: Carolinas Region EGA