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The mission of The Embroiderers' Guild of America is to inspire passion for the needle arts through education and the celebration of its heritage.

From the Mountains to the Sea ...

## From the Region Director

After months of self-isolation and social distancing, I know that many of you share my desire to be free of these restrictions. Stitchers are lucky to have a passion that we can continue to pursue even in isolation. I hope that you have found some solace in your stitching, as I have.

For my part, I have been able to re-organize my stash and to finish a number of projects I had left behind a long time ago. I have also been able to start and complete a number of newer projects that had been waiting patiently for "the right time." Now comes the problem of framing and finishing those pieces!

I have been happy to see that our chapters have found ways to stay connected during this time, as well. Some are meeting via ZOOM or in person following social distancing

guidelines. Others are using social media, email, and/or phone calls to stay in touch and share their stitching progress. Some chapters have initiated clever challenges or offered group projects to keep their members involved and motivated to stitch. Whatever the method, I do hope all of our chapters are able to stay connected and to continue to offer education programs, one of the main purposes of EGA.

I have been comforted by being able to keep in touch with my various stitching groups via ZOOM. Although we would still prefer to meet in person, ZOOM sessions allow us to see and talk with each other and to reassure ourselves that some aspects of life can continue. We have

*(RD REPORT, Continued on page 16)*

**Save the Date!**  
**October 3, 2020**  
**Our first ever Zoom Retreat.**  
**See page 2-3 for details.**

### Inside this Issue

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### CALENDAR

#### 2020

**Oct 3** — CAR Fall Retreat and Region meeting, a one-day Zoom meeting!

**Sep 27**—Retreat registration deadline

**Sep 5**—Make-it/Take-it class deadline; see retreat registration form, p. 19

#### 2021

**May 21-23** — *Crossing the Carolinas*, CAR Seminar, Clemmons, NC

**Sep 1-5** — *The Magnificent Stitch*, EGA Seminar, Chicago, IL

**Fall** — CAR Fall Retreat and Region Meeting, TBD

# Fall Retreat

## Making the best of the situation



When the CAR Executive Committee met in the middle of July, we discussed the plans for our upcoming Fall Retreat and Board of Directors meeting. We considered the continually rising number of COVID cases in all areas of our Region and tried to anticipate what the situation might be in October.

While debating this issue, we kept

your health and safety at the forefront. We knew the deadline for making a final decision was fast approaching. In the end, although we were all very reluctant to let go of our original plans, we realized that the best decision was to cancel our in-person meeting and move to a virtual retreat and to make this decision in time to publicize it in this newsletter.

However, that does not mean that we are going to give in! We have developed some activities that we think will give you a boost as well as allowing us to conduct necessary business. Keep in mind that we are still refining these plans so there may be a few tweaks along the way, but here is what we are envisioning at the moment.

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**All activities will take place via ZOOM on Saturday, October 3, 2020.**

### MORNING

**9:30 AM– 10:00 AM:**

#### **Meet and Greet**

Join us for (bring your own) coffee and donuts as we get back together before our Board of Directors meeting. Everyone is welcome to attend.



**10:00 AM – 11:30 AM: Board of Directors meeting**

All CAR members are welcome to attend. Find out what the Region is working on. If some issues need to be voted on, the eligible voters will move to a ZOOM breakout room to cast their votes should there also be non-voters present. All CAR members will receive the agenda and any related documents by the end of August. All designated voters will receive packets, proxies, and invitations prior to the meeting.



**11:30 AM– 12:30 PM:  
Lunch on your own**

### AFTERNOON

**12:30 PM – 4:00 PM:**

#### **Sit and Stitch with Some Twists (you have options)**

**12:30 – 1:00: Sign in and get settled**

**1:00 PM – 2:00 PM: Optional Make-it /Take-it class:** “Hope,” a Ukrainian ornament, with Terri Bay. Pre-registered students will meet with Terri for an overview of the project, a Q&A session, and a chance to schedule any future sessions. Students should not expect to work on the project during this class although they might be able to practice stitches on doodle cloth. When this session is over, students can join in the “Mix and Mingle” sessions (see below).

#### **For Class:**

~ **All students** will pay the class fee of \$40.

~ **A limited number of kits** (50) are available for the additional purchase price of \$37 which includes the cost of mailing the kit to the participant’s home. These kits will include white material and white threads as well as needles and instructions/chart.

~ **An unlimited number of participants** may take the



# FallRetreat

See Retreat packet pps. 17-19

class if they want to provide their own materials (a list of supplies is available in the registration brochure). These participants will pay the \$40 class fee and \$18 for the instructions/chart only. The chart will be sent to the student's home before this meeting.

~ **NOTE:** Registration and fees for this class must be received by September 5 in order to ensure timely mailing of the kits and charts. Late registrations for this class will not be accepted. We apologize for the small registration window but hope you will understand.

### 1:00 – 4:00: “Mix and Mingle” sessions

To give you a chance to feed your need to socialize, we are setting up a series of ½-hour “mix and mingle” sessions. We will split the participants into breakout rooms based on a variety of categories so you can chat with smaller groups of people, as you would have done by moving from table to table if we had been able to meet in person. At the end of each half hour, you will be assigned to a new room based on another category, giving you a chance to visit with a different group of people.

This is a fun way to meet new people, and our categories will give you something in common to start your conversations. You will always have the option of leaving the breakout room before the end of the session if you so desire.



If you prefer, you can stay in the “big room” (actually, just the regular ZOOM session) and calmly stitch on whatever you want to. Just be aware that it may be more difficult to talk to others in this format.

While we anticipate ending the retreat at 4:00, we will keep the “sit-and-stitch room” open a while longer if anyone wants to stay.

Registration for the retreat itself is free for members of Carolinas Region chapters and \$10 for non-members. There is no fee for attending the BoD meeting that morning. (The only fees are for the optional make-it/take-it class.) However, since we need to know who will be attending in order to send out the invitations and links to the sessions, you will have to submit a registration form by the deadline if you plan to attend even if you do not have to pay anything.

While registration and payment for the class must be received by September 5, registration forms and, if needed, payments for the retreat only are due by September 27. Again, we apologize for the rather short interval given for registration.

You will find more details in the attached registration brochure and registration form. If you have any questions, please contact Janice Wright, Education Coordinator ([jmawright@gmail.com](mailto:jmawright@gmail.com)).

**Retreat brochure and registration form are at the end of this newsletter.**

#### Fall Retreat

**Retreat Registration:** free for CAR chapter members, \$10 for non-members. No fee for Board of Directors meeting

**Registration deadline:** September 27

#### Make-it/Take-it class (Terri Bay)

**Fee for Make-it/Take-it class:** \$40, plus \$37 kit fee ; or \$40, plus \$18 for instructions/chart only.

**Class Registration and payment deadline:** September 5

# Using Zoom

## For Chapter Education

Lecture by Celeste Chalasani

On July 7, 2020, our Region was enthralled by the demonstration of the many features of ZOOM that could enable our chapters to continue their education programs during this period of isolation. Celeste Chalasani, the Director of Education for EGA National, started the evening by explaining many of the basic features of ZOOM that would help us use the system effectively. Her slide show was extremely helpful because she used screen captures to show us exactly



how to access those features.

For the remainder of the presentation, Celeste demonstrated how we could incorporate live demonstrations, pre-recorded lessons, videos, whiteboard lessons, and other types of presentations into our chapter programs. Her explanations were clear and her demonstrations were very well planned.

We received permission from Ce-

leste to record her lecture. We have already sent a notice to

all of our chapter presidents to offer them this package. This video would be of special interest to all presidents and education/program chairs, but we can easily see showing this video to your entire chapter as you try to plan out your upcoming programs.

If you would like to get the link to Celeste's presentation, please send a request to Carole Overton.



We recently instituted a new series: **Let's Go CAR Shopping!**

This program invites needlework shops from around the

region to give

us a virtual tour of their store via ZOOM. Each shop is given its own time slot so that we can delve into the supplies and services it offers. This is a wonderful way to see what each has to offer and to find out what you simply have to order! We expect each tour to last from 1 to 2 hours, depending on the size of the shop and the number of questions from participants.

Our first tour, of Sandy's X-stitch on the go in Hendersonville, NC, was a lot of fun. Sandy Washington provided a thorough view of her shop

with all of its nooks and crannies. I am sure most of us were creating a shopping list as she went from section to section!

We have three more tours with confirmed dates:

**Fire Poppies** (Summerville, SC) -- Tuesday, August 11, at 7 PM

**Needlepoint Junction** (Hilton Head, SC) – Tuesday, August 25, at 7 PM

**Stitching Fox** (Mill Spring, NC) – Tuesday, September 8, at 7 PM

As of this writing, we have written to a number of other shops and have at least 2 more whose tour dates are pending.

If you know of any shops that might be interested in participating, please send your suggestions to Carole Overton. If we do not get

## “Let's Go CAR Shopping!”

more responses from our region's shops, we will start exploring outside of our area but I would like to give first priority to our own region

If you have not already done so, please send a message to Carole Overton if you want to be put on the mailing list for these virtual shopping tours. If you are already on the list, you do not need to do anything else. We will send out the meeting invitation and link to the people on the shop distribution list approximately a week before each tour. Each invitation will include an updated list of all of the upcoming tours, as well, so you can mark your calendars.

Join us for these special events and keep your shopping list – and your wallet – close at hand!

# RegionStitch-Ins

## Meet New People

One of the primary reasons EGA members give for joining the organization is so that they can meet people who share their passion for needlework. They want to get to know and to learn from others who care about needle arts. This social aspect has been dealt a severe blow by the pandemic's need for

self-isolation. However, the Carolinas Region has a solution!

Join us for our Region Stitch-ins. You can meet members and members-at-large from across the region in relaxing ZOOM sessions. We meet approximately every 2 weeks. Although our group is

small right now, it is growing. These sessions let us stitch with new friends, sharing our projects, ideas, and clever hints and tips. We have learned about new resources, tools, designers . . . you get the idea.

We invite you to join us. Just send Carole Overton an email to ask to be put on the distribution list for the Region Stitch-ins. We look forward to meeting with you!

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## The World's Longest Band Sampler

Do you want to stitch something but are tired of looking through your stash? Here is a great opportunity: The San Francisco School of Needlework and Design (SNAD) is looking for embroidery pieces to incorporate into what it is calling "The World's Longest Band Sampler Project."

SNAD has given EGA permission to share a video which describes this effort: [https://drive.google.com/file/d/1J5dmGDdn4eWgtsRmrKqa\\_B168ZLmb1lg/view](https://drive.google.com/file/d/1J5dmGDdn4eWgtsRmrKqa_B168ZLmb1lg/view)

Because all of the submitted pieces will be sewn together to make one band sampler, the finished dimensions of your design must be 9" wide and between 3" – 5" high. You must include a 1" seam allowance on all 4 sides. There should be no embroidery in the seam allowance areas as they will be used to sew the bands together.

If you submit a band, you should include the following information pinned to your completed piece:

- ◆ Your name
- ◆ Your address
- ◆ Your email address
- ◆ Your EGA chapter
- ◆ The date or year of creation
- ◆ Your Artist Statement (information about your piece, such as what it represents)

You should stitch your band using any embroidery technique you would like on any fabric you like, as long as it can easily be stitched to another band.

We would be interested to see what you submit, so if you decide to enter a band, please send Carole Overton a photo along with your name, chapter, and artist statement so we can share it in the *RegionNews*.

## Hearts for Hospice



You may have seen the "Hearts for Hospice" entries on the EGA National website (the July Stitch-along Project). In short, the stitched 5-inch hearts are finished as ornaments for a hospice center. From the EGA website, "*When a resident passes away, a heart is placed on the door to remind passersby to be respectful of those mourning. The beautiful needlepoint heart is then given to a family member and becomes a cherished remembrance.*"

This project was started by the Greater KC Needlepoint Guild (<https://www.greaterkcneedlepointguild.com/hearts-for-hospice>)

If your chapter would like to participate in this effort, the above website provides two free patterns. GKCNG will finish the hearts, but if you want to finish your own, we have a wonderful set of directions we can share. Just email Carole Overton for a copy.

# AlphabetSoup: RD, ARD, SD, and EdC

At our Board of Directors meeting in June 2020, the voters approved the revision of the job description of the Assistant Region Director (ARD) and created a new position called Seminar Director (SD). Along with the Secretary, Treasurer, and Education Coordinator (EdC), those two positions are charged with assisting the Region Director (RD) in carrying out the tasks of the Region.

However, it may look like alphabet soup to many members: RD, ARD, SD, EdC – what does it all mean?

A brief discussion of the role of each of these positions may help. (Since the titles and duties of Secretary and Treasurer seem to be much less confusing, their functions will not be covered in the following discussion. This is in no way meant to detract from the critical importance of those positions.) Please contact Carole Overton if you have questions about those two jobs.

## **RD**

The Region Director (RD) is like the president of a company. Her/His main role is to keep the Region moving ahead, making sure that all needed work is completed in a timely manner, guiding the organization as it grows and as it tries to meet the needs of the members while adhering to the requirements of EGA National. As a member of the National EGA Board of Directors, the RD also has a hand in guiding the direction the national organization takes. The RD is helped in all of these efforts by the other Region officers, the chapter officers, and the members in general.

## **ARD**

The Assistant Region Director (ARD) is like the vice-president of a company. As a member of the Region's Executive Committee, the ARD assists the RD in furthering the Region's mission. The ARD also learns the role of the RD in order to be able to take over when the RD's term is over. As detailed in the newly revised job description, the ARD is asked to supervise and plan some of the Region's activities and serves as a resource for the chapters. The ARD is expected to attend all Region events.

## **SD**

The Seminar Director (SD), a new position for our Region, was created to remove a portion of the workload from what had been the ARD's job description in order to help balance the workloads. Specifically, from now on, the SD will be the coordinator of the spring seminars and spring retreats. This will involve planning the events, supervising all committees, helping to select committee chairs, locating venues, and selecting teachers and classes, with assistance from others as needed or required. The members of the Executive Committee believed that the SD position was needed because people were not willing to volunteer for the position of ARD due to its perceived heavy workload.

## **EdC**

The Education Coordinator (EdC) supervises and coordinates all education and scholarship opportunities in the Region. She/he reviews the education options offered by EGA

National and helps the chapters access these activities as requested. The EdC also plans and coordinates the yearly fall retreats, with help as needed. As a member of the Executive Committee, the EdC also participates in planning and carrying out all Region activities.

## **PLEASE NOTE:**

Although you may look at what we have accomplished this year and feel that your help is not needed, we are definitely in need of your assistance. It is critical that we fill both the ARD and SD positions as soon as possible. Please consider volunteering for the ARD or SD position so that our Region can continue to flourish and to provide the kinds of activities and support that our members want. The job descriptions are attached to this newsletter. If you would like more information, please contact Amanda Pelon (nominating committee) or Carole Overton (RD). You will find their contact information in this newsletter.)

In addition, we need two volunteers to fill open positions on our region's nominating committee. This committee will have to start putting together a slate of candidates to run for office as our current officers' terms will end in the fall of 2022. Although that seems like a long way off, the nominating committee members will need time to get to know the members and to start exploring the suitability of potential candidates.

**(See ARD Job Description, page 7, & SD Job Description, page 11)**

**Carolinas Region (CAR)**  
**Assistant Region Director (ARD)**  
**Job Description**

1. Takes the place of RD in the absence of RD
  - a. Stays informed by communicating with the RD regarding Region activities, events, processes, concerns, goals, and programs
  - b. Assists RD in all activities
  - c. Is prepared to take over for RD if RD is unable to continue
2. Serves as a member of the CAR Executive Committee (EC) and participates in all CAR EC and Board of Directors meetings
3. Develops a good understanding of the Region and its chapters
  - a. Reads and understands the Region's bylaws
  - b. Knows what chapters are in our Region
  - c. Contacts each chapter to get the newsletter; reads the newsletter to gain an understanding of what each chapter is doing
  - d. Brings to the RD's attention any opinions, concerns, problems, or suggestions from the chapters that need to be addressed
  - e. Serves as a resource for the chapters by answering questions and handling problems
  - f. Submits articles to *RegioNews* (the CAR's newsletter) about other relevant CAR news or ideas as needed
4. Stays current on the policies, procedures, and developments of EGA National
  - a. Reads and understands the National Bylaws, Standing Rules, Policies and Procedures, and National Policies for Regions
  - b. Reads all National board minutes and all Region meeting minutes taken during National board meetings
  - c. Stays updated on EGA activities
5. Attends all CAR events and participates in all Region activities
6. Maintains a current list of EGA National-approved teachers that the Region can draw upon for seminar and chapter classes
7. Prepares reports and articles
  - a. Prepares reports for each Region Board of Directors meeting and submits to RD at least 2 weeks before each BoD meeting
  - b. Submits article(s) to *RegioNews* as needed
8. Works with/assists other members of the EC as requested
9. Attends National EGA Board Meeting with RD before transitioning to RD position
10. Serves as coordinator of Gold Thread nomination process to remind chapters/members to nominate and to answer questions about the process
11. Serves as Supervisor of committee that selects and schedules any touring teachers that may be asked to teach at Region or other events (when applicable)
  - a. Supervises the selection process
  - b. Supervises the scheduling process by working with the relevant Region and chapter officers.
  - c. Oversees the evaluation of the touring teachers' classes annually
  - d. Collects and collates names of touring teachers
  - e. Evaluates touring teacher program
  - f. Submits a report to the RD about the touring teacher program at the end of that program and, if there have been multiple touring teacher programs during the year, submit a report to the RD
12. Takes on other duties as designated by RD and/or as determined by analyzing current and future needs of the Region

**(See SD Job Description, page 11)**

Carolinas Region, EGA  
**Board of Directors Meeting**  
Zoom Virtual Meeting  
Friday June 26, 2020

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**Call to Order:** Region Director Carole Overton called the virtual meeting to order at 2 p.m. using the Zoom app due to the COVID-19 pandemic.

**Present:** Region Director Carole Overton, Treasurer Elizabeth Little, Education Coordinator Janice Wright, and Secretary Laura Smith, Bylaws Chair Becky Buie, Website/Newsletter Chair Cathie Barker, Nominating Committee Chair Sallie Folk, and Invited Guest Seminar Registrar Christine Haimann.

**Chapter Delegates present:** Aiken Stitchin' Belles (Belinda Ebert-RR); Blue Ridge (Gisela O'Connor-P, Pat Parke-RR); Cardinal (Kirin Wylie-P, Martha Derbyshire), Charlotte (Evelyn Southards-P; Connie Miller-RR); Chicora (Anne Peacock-P; Molly Lane-RR); Florence (Julia Tison); Golden Needles (Patty Schmid); Lowcountry (Kate Wendorf-P; Julie Anderson-RR); Magnolia (Nancy Gannon-RR); The Laurel (Kim Sanders, Rosemary Kostansek-RR).

**Quorum.** There being more than one-third of the delegates present, (23 of 37) a quorum was declared.

**Minutes.** Minutes from the Fall Retreat, October 6, 2019 were approved as previously emailed.

**Treasurer's Report:** Elizabeth Little

The Operating Account/Budget for 2020 and Seminar 2020 Account/Budget were provided in previous email. There were no questions. The balance for Seminar 2020 will be carried forward. Ten refunds have been completed and 52 people are registered for Seminar 2021.

- ◆ **Region Dues** have been received from all chapters except Star Stitchers which is in the mail.
- ◆ **Seven chapters** have requested and received the \$150 Education Grant for 2020. The grant may still be requested until December 1. Please email the request to Carole Overton and provide the name and address of your chapter's treasurer in the email so that the check may be sent.
- ◆ **The audit** for the 2019 region books has not been performed due to COVID pandemic restrictions on meetings.

**Education Coordinator's Report:** Janice Wright reminded chapters to encourage their members to apply for the CRESS Scholarship and the Roxie Hodgkin grant. There have been no appli-

cations this year. She discussed EGA classes, projects, and opportunities including Group Correspondence Courses, Individual Correspondence Courses, and the EGA Stitch Along on Facebook.

**Outreach Coordinator's Report:** Carole Overton and Laura Smith reported for Mildred Strobel.

Copies of the report were emailed. Additional items reported were Lowcountry Chapter's Habitat Home plaques and donations for the local food bank and Magnolia Chapter's partnering with Charleston Chapter of the American Needlepoint Guild to do Hearts for Hospice. Please send outreach info to Mildred Strobel (melstrobel@msn.com)

**Old Business:** Carole Overton

**2019 Fall Retreat Recap**

57 people attended. 16 were in Kim Sanders's class, *Illuminated Huswife*. 32 took Betsy Hanson's Make It Take It class, the *Halloween Box*.

**The Original Sewing and Quilting Show** has been rescheduled to February 18-20, 2021 at the Raleigh Convention Center. A sign up link to volunteer for the show will be in RegioNews. We need projects to display, brochures for each chapter, and volunteers to set up the booth, greet attendees, demonstrate embroidery, and take down the booth.

There was no other old business.

**New Business:** Carole Overton

Issues: Four motions from the Executive Committee were emailed previously.

**Motion 1:** We, the members of the Executive Committee, move that the Carolinas Region revise the job description of the Assistant Region Director (ARD) by eliminating the tasks related to seminar development, effective immediately, so that the ARD can focus on assisting the Region Director and preparing to take on the leadership role of Region Director (RD) when needed. **VOTED:** Passed unanimously by those attending plus 8 proxy ballots sent by absent delegates.

**Motion 2:** We, the members of the Executive Committee,



Carolinas Region, EGA  
**Board of Directors Meeting**  
Zoom Virtual Meeting  
Friday June 26, 2020

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move that the Carolinas Region create a new appointed position entitled "Seminar Director," effective immediately. This person will (1) supervise the development and execution of the yearly spring seminars and spring retreats, with the assigned duties detailed in the job description and related documents; (2) attend all meetings of the Executive Committee (EC) as a non-voting member; and (3) report on the status of the seminars and retreats to the Region Director, the EC, and the Board of Directors.

**VOTED:** Passed unanimously by those attending, plus 8 proxy ballots sent by absent delegates.

**Motion 3:** After discussion, the original motion was amended and the amendment was seconded to read thus:

We, the members of the Executive Committee move that the Carolinas Region increase teacher pay to \$400 per day, effective immediately. **VOTED:** Passed by those attending with one dissenting vote.

**Motion 4:** After discussion, the original motion was amended and the amendment was seconded to read thus:

We, the members of the Executive Committee, move that the Carolinas Region increase teacher per diem to \$60 per day with no receipts needed, effective immediately. **VOTED:** Passed by those attending with 6 dissenting votes.

**Open Positions:** Carole Overton stated that we need volunteers for the ARD position, the Seminar Director position, and two Nominating Committee positions. We thank Julia Tison who has completed her term and Sallie Folk who will complete her term in the fall. If you would like to volunteer, please contact Amanda Pelon (laughingfrogsstudio@gmail.com), the remaining committee member, or Carole Overton.

**Fall Retreat 2020:** Janice Wright, Education Coordinator, reported that the dates will be Oct 2-4, 2020 at the Fairfield Inn in Rock Hill, SC. The room rates have been reduced to \$109 per night. We hope to offer a lecture on Friday night, a make-it/take-it project Saturday morning, a region-wide discussion and demonstration about how to use Zoom to conduct chapter meetings and programs on Saturday afternoon, and lots of time for stitching and show-and-tell. We will hold the Board of Direc-

tors meeting on Sunday morning. Because we face the possibility that we might not be able to meet, we are also exploring alternative scenarios. We will send out registration information as soon as plans are finalized.

**Spring Seminar 2021:** Due to the COVID-19 pandemic, Spring Seminar 2020 was cancelled and rescheduled for May 21 – 23, 2021 at the Village Inn in Clemmons, NC. All teachers were available and will be placed under revised contracts to provide the same classes except for the *Rose Sampler* class which was cancelled due to low registration. Christine Haimann, Seminar Registrar, reported that the 62 registrants were offered the option of retaining their registrations for the rescheduled seminar. 52 remain registered and 10 cancelled and received refunds. Net income is \$15,118.00 less \$2,415 refunded, leaving \$12,703. Seminar volunteers were thanked: Carole Overton, Seminar Chair; Nancy Gannon, Dean of Faculty; Christine Haimann, Registrar; Elizabeth Little, Seminar Treasurer; Chris Sloane, Volunteer Coordinator; Sue Osterberg, Angel Chair; Julie Anderson, Merchandise Night/Teacher Showcase; Julia Tison, Faculty Amenities; Rosemary Kostansek and Sue Osterberg, Commemorative Committee; and Piedmont Chapter, Luncheon Favors. If you would like to volunteer, please contact Chris Sloane (kikikro9@gmail.com).

**Revised Schedule of chapter article submissions:** Each chapter is asked to submit one article about their activities annually according to a new schedule distributed in email. These will be published in RegioNews and passed along to EGA National for its publications

**Upcoming Events:**

Carolinas Region EGA provides a Fall Retreat and either a Spring Seminar or Retreat each year. These allow us to meet others in the region, take classes from national teachers, and enjoy stitching together. During the COVID-19 pandemic, many chapters have hesitated to use Zoom. In times of isolation, we need to continue education programs. Carole Overton will be happy to show chapters how to work with Zoom for programs and meetings, including practice sessions for members. You can use

**(MINUTES, Continued on page 10)**

# Spring Seminar 2021

## Looking Ahead

The Executive Committee has been worrying about this upcoming event as we have watched the COVID numbers rise and the state requirements change. We have held some preliminary discussions to see if we can develop an alternate plan, but at the time of this writing we are still planning (and hoping) to hold an in-person event

in Clemmons in May. Please know that, in the end, we will make the best plan that we can to ensure your health and safety. We have committed to making a final decision by March 15 so that you will have time to make arrangements.

In the meantime, we will disseminate a new Spring Seminar bro-

chure and registration form in October and will start taking registrations at that time. We will keep you updated as we go forward and, as the saying goes, we will hope for the best but plan for the worst.

We appreciate your patience with us!

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### *(MINUTES: Continued from page 9)*

the Region Zoom account to have longer sessions for up to 100 people. Please contact Carole if you would like to set up meetings for chapters or small groups such as stitch ins or interest groups.

#### **Zoom Demonstration**

On Tue, July 7 at 7 pm, Celeste Chalasani, EGA National Director of Education, will demonstrate a Zoom meeting. All members are welcome, especially chapter presidents, program chairs, and technical people. Carole will send the link to the Zoom meeting and will record the meeting for future viewing. At Fall Retreat in Rock Hill, we will have a Zoom demonstration and Question and Answer session.

#### **Region Virtual Stitch-ins**

Every other week on Zoom, region members and members-at-large are invited to show projects, discuss techniques, share sources of materials, and more. Send an email to Carole Overton (sjocdo1@gmail.com) to enroll.

#### **CAR Shopping on Zoom**

For this series of programs, shop owners in our region will offer tours of their stores. Here is the schedule to date:

**Sandy's X-Stitch on the Go, Hendersonville, NC – Sat, July 25, 1 pm**

**Fire Poppies, Summerville, SC – Tue, Aug 11, 7 pm**

**Needlepoint Junction, Hilton Head Island, SC – Tue, Aug 25, 7 pm**

**Stitching Fox, Mill Spring, NC (near Tryon) – Tue, Sept 8, 7 pm**

#### **Program Resources**

EGA has issued a list of teachers who can give virtual presentations. For most lectures and classes, there will be a charge. Carole will make this list available to the chapters.

#### **Communication is Vital**

**Please keep your chapter contact information up to date** by emailing Carole Overton if it changes. If someone changes their email address, leaves the chapter, leaves EGA, or cannot serve as chapter contact for whatever reason, please provide an email address where we can send RegioNews and emails from region officers that need to go out to all members.

#### **Gold Thread Award winner**

Congratulations to Cathie Barker, our Region Newsletter Editor! Cathie has also recently served Region Website Coordinator and Region Secretary. She is newsletter editor for The Laurel Chapter and a gifted beader.

#### **In Conclusion**

In light of the recent pandemic, Carole Overton stated, "You are not alone! We are all in this together. Please ask if you need help."

There was no other new business.

Carole Overton adjourned the meeting at 3:47 pm.

Submitted by Laura Smith, Secretary

## Carolinas Region (CAR)

### Seminar Director (SD)

#### Job Description

1. Is appointed to serve a two-year term as Chair of the Spring Retreat (odd year) and Spring Seminar (even year). [Ideally, the Seminar Director (SD) would start on July 1 of an even year, following the Spring Seminar, and would plan for and direct the following Spring Retreat (odd year) and Spring Seminar (even year) before the term ended on June 30 of the second year]. (Details of specific duties are described in a separate document.)
2. Participates in all CAR Executive Committee (EC) meetings as a non-voting member
3. Attends all CAR Board of Directors meetings
4. Attends all CAR seminars and retreats, staying at event venue and participating in activities
5. Prepares annual report about Spring Seminar/Spring Retreat and submits to RD within a month after end of event
6. Supervises all preparations and committee activities related to development and execution of plans for these events
7. Submits articles to *RegioNews* to keep members informed about plans for seminars and retreats
8. Makes report to members at Board of Directors meetings to keep members informed about seminars, retreats, and other Region activities

## Sewing and Quilt Expo Update

We have received word that the Original Sewing and Quilt Expo that we had planned to attend in October has been rescheduled for February 18 – 21, 2021, in Raleigh, NC. As a result, we have revised our plans accordingly. We are hoping to have a booth at this show in the Raleigh Convention Center. Although the show is still 7 months away, we have already set up a new volunteer sign-up program online so that you can reserve your preferred slots to help cover the booth (<https://signup.com/go/cyBDQGG>).

We are also looking for people to help set up the day before the show and take down after the

show ends on Sunday afternoon.

We will need to plan what kinds of displays and handouts we want to have, so we are also looking for volunteers to join those committees. As of this writing, we have been told that we will probably not be able to have a make-it/take-it project, but we will let you know if that changes. In lieu of a make-it/take-it project, we might want to consider providing some kind of free little project, kit, skein of floss, or stitching item to give away.

If you are interested in helping with planning for this event, please send an email to Carole Overton. Thanks!



### Education Programs: ZOOM Lectures

Recently, we disseminated to all of our chapter presidents an annotated list of lectures available from a number of teachers and designers. After receiving the list of names from EGA National, the Aiken Stitchin' Belles contacted each of the individuals on the list to get more details about their lectures and then collated those replies. In this time of restriction, it is nice to know that our chapters have access to some very interesting topics that may help to provide interest, excitement, and educational opportunities to their members.

**COMMITTEE CHAIRS**

**Bylaws**

Becky Buie  
209 Jabay Drive  
Columbia, SC 29229  
803-865-2121  
blbuie@sc.rr.com  
(Millwood)

**Community Outreach**

Millie Strobel  
2284 Ashley River Rd, Apt. 605  
Charleston, SC 29414  
843-766-9360  
melstrobel@msn.com  
(Magnolia)

**Historian**

(Vacant)

**Website Coordinator**

Cathie Barker  
1735 Shano Drive  
Hendersonville, NC 28791  
828-692-7891 (h)  
cathiebeads@gmail.com  
(The Laurel)

**RegioNews**

(See Website Coordinator)

**Nominating Committee**

Sallie Folk ( - 2020)  
422 West Pine Street  
Florence, SC 29501  
843-307-1417  
Salstitcher823@yahoo.com  
(Florence)

Amanda Pelon ( - 2021)  
PO Box 10693  
Greensboro, NC 27404  
336-392-6009  
laughingfrogsstudio@gmail.com  
(Piedmont)

Vacant ( - 2022)

EGA Chapter Reporting Requirements		
<i>Attn: Chapter presidents, region reps, and editors: it is your responsibility to be sure your membership officer, secretary, and treasurer know when and where to send these items.</i>		
WHAT	WHEN	WHERE
Minutes of board and general meetings (unless included in the chapter's newsletter)	Within the month	Region Director
Membership roster	At the same time you send membership info to National Office	Region Director; CAR Newsletter Editor
National dues and membership information	Renewals no later than May 31 annually. New members immediately upon joining	National Office
Region dues and membership information	Same time as sent to National	Region Treasurer
Chapter newsletters	When sent to members	Region Director; Assistant Region Director; Editor, RegioNews; Region Outreach Chair
EGA Chapter Officer Change List (EGA Form)	Within 2 weeks of election	Region Secretary; Region Director
Education questions/information	As needed	Region Education Coordinator
Annual chapter report	By December 15	Region Director
Annual financial report	By February 15	Region Director; EGA Headquarters

**RegioNews**

The Carolinas Region, EGA, publishes *RegioNews* quarterly. Standard practice is to distribute it to all chapter members in the Carolinas Region via email.

Chapter newsletter editors: Remember to share this newsletter with your members who do not receive email.

Advertising is accepted for 1-year (4 issues) intervals at \$10/year. Contact editor Cathie Barker for details. There is no cost for emailed

newsletters. Subscriptions are available for \$6/year for four printed issues. Send requests to the *RegioNews* editor Cathie Barker and checks, payable to Carolinas Region EGA, to Elizabeth Little, treasurer of Carolinas Region.

Reprint information: All EGA chapters have permission to reprint any material found herein except items that are marked with a copyright notice.

**Financial Reminders**

**Reminder:**  
CAR follows the same prorated dues schedule as is in place for national EGA, as follows:

Prorated Dues Schedule	
If Joining:	Region dues are:
April 1 - June 30	\$4.00 (100%)
July 1 - September 30	\$3.00 (75%)
October 1 - December 31	\$2.00 (50%)
January 1 - March 31	\$1.00 (25%)

# Virtual Meeting

## Board of Directors Meeting, June 2020: Recap

In June we held our first virtual Board of Director meeting. You will find the minutes of that meeting attached to this newsletter.

In preparation for the meeting, the members of the CAR's Executive Committee (EC) planned an agenda and met several times to practice how to use ZOOM for the meeting. Well in advance of the meeting, they also distributed to all CAR members the agenda, detailed discussions of the motions to be considered, and other related documents.

Next, we held two practice sessions for the voters so that we could explain and practice how to use the basic features of ZOOM, including how to ask questions or make comments, how to offer amendments, and how to vote electronically. While attendance at these practice sessions was not required, we had hoped that by participating in one of these ses-

sions the voters would be able to learn how to effectively use the system and the meeting would then be able to flow smoothly. We were very pleased that 20 people attended one or both of the practice sessions.

The meeting itself went very well. The EC presented 4 motions, all of which passed. Two of the motions generated discussion and were amended by the voters. Although this process could have been difficult, our preparations and prior practice resulted in our being able to conduct our business without difficulty.

We would like to thank the Region's officers as well as the chapter presidents and region representatives for meeting the challenge of having to find a new way to operate and for participating in our first virtual meeting. Thanks to you, we were able to move ahead on all fronts.

### ELECTED OFFICERS

#### **Region Director**

Carole Overton  
319 Deep Run Road  
Aiken, SC 29803  
803-599-9549  
sjocdo1@gmail.com  
(Aiken)

#### **Assistant Region Director**

(Vacant)

#### **Treasurer**

Elizabeth Little  
20668 Old Aquadale Road  
Albemarle, NC 28001  
704-982-7119 (w)  
elizabethlittle@live.com  
(Golden Needles)

#### **Secretary**

Laura Smith  
3221 Symphony Woods Drive  
Charlotte, NC 28269  
704-560-9223  
4LauraSmith@gmail.com  
(Golden Needles)

#### **Education Coordinator**

Janice Wright  
9027 Kelly Lee Court  
Stokesdale, NC 27357  
336-209-3230  
jmawright@gmail.com  
(Piedmont)

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# Gold Thread Award

## Congratulations to the 2020 Award Winner

The members of the Carolinas Region congratulate this year's Gold Thread winner, **Cathie Barker!** Cathie currently serves as the Region's Website Coordinator and *RegioNews* Editor. While holding both of those jobs, she also volunteered to serve as Interim Region Secretary from June 2018 to Octo-

ber 2019 when we underwent a mid-term change in officers. Cathie has been active locally as a member of The Laurel Chapter where she currently serves as newsletter editor. In the past, she held the position of Vice President of Programs for that group.

On a personal note, as Region Director I have benefitted from Cathie's calm but insightful input in regard to issues under discussion. Her knowledge of past practices has been valuable and her support and efforts much appreciated.

Thank you, Cathie, for all you do to keep our region moving ahead!

~ Carole Overton

**Carolinas Region Seminar As of June 15, 2020**

	<b>2019 Sem- inar</b>	<b>2020 Semi- nar</b>
<b>Beginning Balance</b>	1,000.00	1,000.00
<b>Receipts</b>		
Class Fees	3,350.00	12,565.00
Kit Fees	240.00	0.00
Non-member Fees		0.00
Vendor Tables		0.00
Teachers' Showcase		0.00
Opportunity Baskets (net)	161.32	0.00
Miscellaneous	64.00	
<b>Total Receipts</b>	3,815.32	12,565.00
<b>Expense</b>		
Brochure		0.00
Faculty & Lecturer		0.00
Teaching Fees		0.00
Travel & incidental		0.00
Lodging & meals	450.48	0.00
Kit Fee		0.00
Administrative Expenses		0.00
Postage		0.00
Supplies	97.84	28.50
Hospitality		0.00
Faculty		0.00
Seminar Pins	250.00	280.00
Other		0.00
Roxie Hodgkin Scholarship		0.00
Facility-Current Year	1,561.65	0.00
Facility-Next Year's Deposit	250.00	0.00
Miscellaneous		0.00
<b>Total Expenses</b>	2,609.97	308.50
<b>Net Receipts (Expense)</b>	1,205.35	12,256.50
<b>Main Account Transfer (Subsidy) *</b>	1,205.35	0.00
<b>Ending Balance</b>	1,000.00	13,256.50

**Operating Account**  
**Carolinas Region, EGA — 2020**  
**January 1 through June 15, 2020**

	<b>2020 Budget</b>	<b>2020 Actual</b>
<b>Opening Balance*</b>	<b>3,046.78</b>	<b>3,046.78</b>
<b>Receipts</b>		
Dues	1,500.00	959.00
Educational Events:		
Seminar	500.00	0.00
Fall Retreat	600.00	0.00
Workshop	0.00	0.00
Donations		0.00
Natl Seminar Opp Basket Donations		0.00
Region Sales	100.00	0.00
CRESS Transfer	300.00	0.00
<b>Total Receipts</b>	<b>3,000.00</b>	<b>959.00</b>
<b>Expenses</b>		
Educational Events:		
Seminar		0.00
Fall Retreat	900.00	0.00
Workshop	0.00	0.00
Grants & Awards		
CRESS	300.00	0.00
Chapter Program Grants	2,250.00	1,050.00
Time to Teach Grants	0.00	0.00
Newsletter (4 issues)		0.00
Website	300.00	395.64
Outreach	100.00	0.00
Donations		0.00
Opportunity Basket for National	0.00	0.00
Administrative:		
Postage	75.00	22.00
Supplies	75.00	80.00
Miscellaneous		101.30
Region Board Meetings:		
Lodging	1,000.00	0.00
Travel	500.00	0.00
National Board Meetings (RD):		
Travel	1,000.00	0.00
Per Diem	200.00	0.00
Transfer to Money Market Account		0.00
<b>Total Expenses</b>	<b>6,700.00</b>	<b>1,648.94</b>
<b>Excess Receipts (Expense)</b>	<b>(3,700.00)</b>	<b>(689.94)</b>
<b>Closing Balance</b>	<b>(653.22)</b>	<b>2,356.84</b>
<b>Total Asset Summary</b>		
<b>Operating Account Balance from above</b>		<b>\$2,356.84</b>
<b>Seminar Account Balance (detail separately)</b>		<b>13,256.50</b>
<b>Money Market Balance**</b>		<b>51,744.30</b>
<b>CAR Total Balance</b>		<b>\$67,357.64</b>
<b>Less reserved amounts:</b>		
<b>CRESS Fund Balance</b>		<b>(9,165.49)</b>
		<b>\$ (9,165.49)</b>
<b>Net Available</b>		<b>\$ 58,192.15</b>

\*\*Required minimum balance of \$10,000.

## Help Wanted:

We need your help to fill these open positions:

- ◆ Assistant Region Director (ARD).
- ◆ Seminar Director (SD)
- ◆ Nominating Committee (2 positions)

For more information, contact Amanda Pelon (Nominating Committee) or Carole Overton (RD).



## Volunteers

Are our greatest assets!

We have crucial positions that need to be filled to keep Carolinas Region a vital part of our lives.

Please don't sit back hoping someone else will step up, or assume you are not "qualified."

**Every little bit helps!**

*(RD REPORT: Continued from page 1)*

been able to share our stitching accomplishments and compare notes about how we are coping.

My plan to visit with all of the chapters this year has obviously not been possible in person, but I have thoroughly enjoyed being invited to meet with 5 of our chapters on ZOOM conferences over the past few months. I have really enjoyed getting to know the members and have been able to share important information about National and Regional matters with them. For those chapters whom I have not yet seen, I would love to be able to say hello to your members so please feel free to let me know if you are going to meet via ZOOM.

Your Carolinas Region (CAR) officers have been working hard to support our members, provide special events to accomplish the Region's business, and enhance our members' skills and interest in needlework. We have been fortunate to have the use of technology to bring some special information and expe-

riences to you.

In June, we held our first virtual Board of Directors meeting. In July, we offered a presentation by Celeste Chalasani, the EGA National Director of Education, demonstrating how we can make use of ZOOM to conduct our chapter programs. We have also held a number of region stitch-ins via ZOOM over the past few months.

We recently held the first virtual tour of a needlework shops in our "Let's Go CAR Shopping!" series, and have several more tours already scheduled. I have also offered to schedule ZOOM sessions for any of our chapters that wish to use the Region's license to hold extended meetings.

For more information about the above events, please refer to articles elsewhere in this newsletter.

I am sure that you are wondering about our plans for the Fall Retreat. Although all of us had hoped that we would be able to meet in person as originally scheduled, the

members of your Executive Committee recently met and reluctantly decided that, given the current increase in cases of COVID-19 in our area, it would not be safe to gather in October. Therefore, we have come up with a plan for a virtual retreat which I think you will enjoy. Please look for the details elsewhere in this newsletter and in the attached retreat packet.

I hope that your chapter continues to provide you with support, encouragement, and educational opportunities and that you share your successes and stitching progress. While we do not know what the future will hold, we are grateful that we have been able to develop ways to keep in touch and to find some joy in our stitching.

Until we can meet again in person, please know that I am wishing for your continued good health, happiness, and peace during this troubling time. May you stay connected and stay safe.

*Carole Overton*





## Carolinan Region Fall Retreat 2020

October 3, 2020

Virtual Meeting

### Schedule

(See pages 2 & 3- of this packet for more details)

#### Saturday, October 3, 2020

9:30 AM - 10:00 AM	Meet & Greet
10:30 AM - 11:30 AM	Board of Directors Meeting
12:30 PM - 4:00 PM	Sit & Stitch with a Twist
12:30 PM - 1:00 PM	Sign in and get settled
1:00 PM - 4:00 PM	"Mix and Mingle" Sessions
1:00 PM - 2:00 PM (must pre-register)	Make-it/Take-it class: <i>Hope</i> , by Terri Bay (No class limit)

**All sessions will be virtual. A Zoom invite will be sent out for the retreat the week prior.**

"Mix and Mingle" Sessions: We know that one of the main reasons people attend our seminars and retreats is so they can meet and talk with others. While we have been able to stitch to our heart's content during social distancing and isolation periods, it has not been as easy for us to talk to others. We are therefore offering an afternoon of "Mix and Mingle" sessions for those who yearn for a return to chatting with others. We have developed a series of categories into which we will divide you to participate in ½-hour sessions in "Breakout Rooms" in ZOOM. In these smaller groups, you will be able to get to know others just as you might in person. At the end of the half hour, you will be assigned to a new group based on another category. Think of this as "speed dating" or "musical chairs" or as moving from table to table. We think you will have fun meeting others and our categories will give you something in common to start your conversations. You will have the option of leaving the breakout room before the end of the session if you so desire.

For those of you who find this possibility unnerving (!), you can just remain in the "big room" (actually, just the regular ZOOM session) and calmly stitch on whatever you want to. The only problem is that if there is a large group here you will have more difficulty talking to others.

While we anticipate ending the retreat at 4:00, we will keep the "sit-and-stitch room" open a while longer for those of you who hate to say "good-bye!"

If you register for the Make it/Take it Class, you will be moved into a breakout room with Terri Bay shortly after joining the afternoon session. This session will introduce the project, review special stitches, discuss other resources available, allow time for questions, and look at the schedule for any additional sessions needed. Students should not expect to complete the ornament in this short meeting.



## Make-it/Take-it Session:

### *Hope*

Designed and taught by Terri Bay

Saturday, October 3, 2020: 1:00 – 2:00 PM



Class Fee \$40

Kit Fee \$ 37

**The kit** includes 6 X 12 inch piece of 28 count linen, 1 ball pearl cotton size 8, 1 ball pearl cotton size 12, Tapestry 24 needle, Tapestry 26 needle, Chart and Instructions. Only 50 kits are available. Students will pay the class fee of \$40 and the kit fee of \$37.

**Option 2:** If students want to take the class but not buy the kit, they can pay the class fee of \$40 and the \$18 fee for chart/instructions only. There is no class limit if no kit is requested.

Kits or charts will be mailed directly to each student before the class date.

*Hope* is a three-dimensional Ukrainian Whitework ornament. This little two-inch-wide beauty is worked with basic Ukrainian Whitework stitches and introduces the student to the spot eyelet which is very common in Ukrainian Whitework but not seen in many other techniques. This is a fun and quick stitch.

Goals: added knowledge of whitework, particularly Ukrainian Whitework, and increased skill with whitework stitches.

Student should be able to answer the question "Why is this Ukrainian Whitework and not Hardanger?"



**Carolinan Region EGA Fall Retreat 2020  
October 3, 2020  
Virtual Meeting**

<b>Name</b>		<b>Home Number</b>
<b>Address</b>		<b>Cell Number</b>
<b>City</b>		<b>Chapter</b>
<b>State</b>	<b>Zip</b>	<b>EGA #</b>
<b>Email</b>		

**Registration Deadline for Retreat only: September 27, 2020.**

**Registration Deadline for Make it/Take it Class: Postmark/email class registration by September 1, 2020. Checks must be received by September 5, 2020. Cancellation with refund deadline is September 5, 2020.**

**Classes/Presentation:** Please place a check in front of each activity you wish to take and add up the fees:

	Fall Retreat Registration for <b>all Carolinas Region (CAR) EGA Members</b> FREE	\$0.00	
	<b>Hope</b> – Make-it/Take-it Class with Terri Bay <b>WITH KIT</b> (Limit: 50 students) Class Instruction \$40, Kit Fee \$37	Total: \$77.00	
	<b>Hope</b> – Make-it/Take-it Class with Terri Bay <b>WITHOUT KIT</b> (unlimited # of students) – Class Instruction \$40, Chart \$18	Total: \$58.00	
	Fall Retreat Non Carolinas Region EGA Members - \$10	\$10.00	
	<b>TOTAL FEES DUE WITH REGISTRATION FORM</b>		

**REGION MEETING:** The Carolinas Region Board of Directors (BoD) meeting will be held via Zoom on Saturday, October 3, 2020, at 10 AM. Agenda, instructions, proxies, and invitations will be sent to all chapter presidents and region representatives before the meeting. While we would love to have you join us for the afternoon sessions as well as the morning meeting, you may choose to leave after the meeting is over. There is no fee for attending the BoD meeting.

NOTE: All CAR members are invited to attend the Board of Directors meeting. If you want to attend but are not a designated voter, please send an email to our Secretary, Laura Smith ([4LauraSmith@gmail.com](mailto:4LauraSmith@gmail.com)) to ask to be put on the invitation list.

<b>Mail Registration form and check to:</b> Becky Buie 209 Jabay Drive. Columbia, SC 29229	blbuie62@gmail.com 803-865-2121	<b>Make checks payable to:</b> Carolinan Region EGA
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